

# FREE back to school health check for kids!

## 12, 13 and 14 January 2016



### Foot checks

- Footwear and orthotic advice
- Foot/ankle pain
- Heel pain
- Knee pain



### Vision screening

- Squinting
- Headaches/dizziness
- Difficulty concentrating



### Nutrition assessments and dietary advice

- Fussy eaters
- Healthy lunch box tips
- Allergies or intolerances



### Education and development assessments

- School readiness
- Reading ability

## Registration essential

Phone **3138 9777** to register or for further information.

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