



PARENTALSTRESS.COM.AU

CHAOS TO CALM LIVE SEMINAR WORKSHOP

OUR LIVE PARENTING SEMINAR IS UNLIKE ANYTHING ELSE AVAILABLE IN THE PARENTING COMMUNITY. THIS EVENT IS **NOT** ABOUT HOW TO CONTROL YOUR CHILD'S BEHAVIOUR.
IT'S ABOUT HOW TO CONTROL YOURS!

JOIN US TO LEARN HOW TO GET TO THE CORE OF YOUR PARENTAL STRESS, CHANGE YOUR THOUGHTS AND FIND YOUR INNER CALM.

**PRESENTED BY: LOCAL MOTHER, COUNSELOR AND AUTHOR JACKIE HALL
WITH MC: 91.9 SEA FM BREAKFAST RADIO HOST JESS EVA**

BRISBANE

SUNDAY OCTOBER 18, 2015

VENUE: BRISBANE CONVENTION AND EXHIBITION CENTRE

TIME: 9:00AM - 5:00PM (DOORS OPEN AT 8AM)

[HTTP://PARENTALSTRESS.COM.AU/PROGRAMS/CHAOSTOCALMBRISBANE](http://parentalstress.com.au/programs/chaostocalmbrisbane)

[HTTP://WWW.FACEBOOK.COM/PARENTALSTRESSCENTRE](http://www.facebook.com/parentalstresscentre)