



For parents  
and students

# Coping with change **FROM PRIMARY TO HIGH SCHOOL**

**a panel discussion on managing  
anxiety and transitions from year 6 to 7.**

**24 OCTOBER 2019 | 6.30PM TO 8.30 PM**

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Graceville Uniting Church  
Cnr Oxley Road / Verney Road East  
Light refreshments provided  
[ucgrace@bigpond.net.au](mailto:ucgrace@bigpond.net.au) | [www.gracevilleunitingchurch.com.au](http://www.gracevilleunitingchurch.com.au)

# THE PANEL

Refreshments  
provided

The transition from primary school to high school can be a tough one, and increasingly we're seeing more stress and anxiety in our teenagers. Bring your questions for our panel, and we'll discuss coping strategies, signs of anxiety, and how to get the most out of your new life in high school. We're encouraging parents and kids to come and have a chat.

## THE PSYCH



### Dr Nathan Mueller

Ninja. Astronaut. Firefighter. Computer Hacker. Dr Nathan is none of these.

He is, however, a child and adolescent psychiatrist in private practice on the northside of Brisbane.

He has two children in primary school and a wife who is a teacher. He has a keen interest in woodworking, just don't ask him if he is a secret agent; he can't tell you.

## THE TEACHER



### Oliver Macpherson

Oliver is an experienced English, Arts and Humanities teacher. In his current position as Year 7 Coordinator, he works with students, parents and teachers focusing on engagement and wellbeing, striving to make the high school experience the best it can be.

Oliver is an avid bookworm and a competitive Pokemon trainer in the Brisbane eSports scene.

## THE REV



### Rev Aaron Moad

Our facilitator is Aaron, the minister at Graceville Uniting.

He's tried fine art painting, drafting with civil engineers and even donut making before following a call to ministry.

His favourite part of his job is walking alongside people of all ages and life stages to help them recognise their gifts and potential.



The Uniting Church in Australia  
**GRACEVILLE**

RSVP 22 October:  
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