

JUNE
20



Dr. Kaylene Henderson
Child Psychiatrist



PARENT SEMINAR: ‘Tackling Anxiety and Building Resilience in Children aged 2-12’

This is a not-to-be-missed event presented by trusted Child Psychiatrist and parenting specialist, Dr Kaylene Henderson.

In this popular 90 minute seminar, you will learn:

- How to connect with your child to promote emotional resilience
- The different ways in which anxiety presents
- Practical strategies to help your child tackle their anxiety
- When to seek professional assistance

Dr Kaylene Henderson is one of Australia's leading parenting experts, a medical specialist and mother of three young children. In her warm and relatable style, she imparts practical, research based advice that helps parents to feel more confident and capable in their important role.

Who should attend: Parents of children aged up to 12 years of age. Educators and other professionals are also invited to attend (certificates of attendance provided)

Venue: Our Lady of the Rosary School Hall, 1 Kenmore Rd, Kenmore

When: Thursday 20th June 2019
Doors open 6pm
Seminar 6.30pm - 8pm

Tickets: Tickets are strictly limited and must be reserved prior to the event

Cost: \$35

To book:
www.trybooking.com/BAOJE
(Babes in arms welcome)