

This schedule is a temporary schedule which may be changed due to demand or lack of demand for a particular ability level.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					8:00 ↓ ↓ ↓ ↓ 1:00	Private lessons for learn to swim and stroke correction
after school	after school	after school	after school	after school		
3:00 B.S.D 3:30 A.S.D 4:00 J Squad + Squad	3:00 B.S.D 3:30 A.S.D 4:00 J Squad + Squad	3:00 B.S.D 3:30 A.S.D 4:00 J Squad + Squad	3:00 B.S.D 3:30 A.S.D 4:00 J Squad + Squad	3:00 Private lessons ↓ for learn to swim ↓ and stroke ↓ correction ↓ 5:30		

* B.S.D - Beginner Stroke Development 30 minutes (Must be able to swim 25m freestyle nonstop)

* A.S.D - Advanced Stroke Development 30 minutes (Must be able to swim 3 of the 4 strokes 25m nonstop)

* J.Squad - Junior Squad 45 minutes (Must be able to swim all 4 strokes and have stamina for 45 minutes)

* Squad - 60 minutes (Must be able to swim all 4 strokes and have stamina for an hour)

* Private lessons - 20 minutes