



SOUTH WEST UNITED HOCKEY CLUB INC

Want to improve your or your kid's physical and mental health in 2017?

Hockey is a game for everyone - with many parents and kids eventually even enjoying playing in the same teams together. Those who excel at our sport are supported to go on beyond Club level to play Representative hockey at State, National and International level.

Playing hockey offers great opportunities for keeping fit, learning teamwork and commitment, promoting respect and resilience and for teaching responsible participation.

All this happens in the midst of **friendship** and **fun!!!**

So if you'd love to join an inclusive, dynamic and supportive community to rediscover or learn hockey then consider attending our

SWUHC 2017 Come & Try and Registration Day

Saturday 11th February, 9am-Midday

at The Cricket Club, Graceville Oval, Graceville.

For more details go to: www.southwestunitedhockey.org.au

We welcome men and women, boys and girls to play from ages 5 to 95!

Training happens:

Wednesday's from 5pm at Carina for Turf teams (only U13 & over)

Thursday's from 6pm at Graceville for grass teams U7, U9, U11, U13 & over

Games happen:

Junior Turf Friday night/Saturday morning –various turf locations

Junior Grass Saturday Morning – Rasey & Downey Parks, Wilston

Senior Grass Saturday Afternoon – Downey Park, Wilston

Senior Turf Saturday and Sunday –various turf locations