

Unique, fun, memorable...

Our mobile classrooms make the program accessible, exciting and memorable. We use up-to-date technology and teaching methods, and engage the students through interactive games and activities.

Healthy Harold the giraffe, our much loved mascot, helps to deliver our message to primary school children.

All students also receive an age-appropriate and specific workbook so that they can further their education in the classroom, creating an ongoing learning experience.



What your child will learn

The Life Education program is delivered by specialist educators in a fun learning environment.

The age-appropriate material covers topics including:

- Nutrition
- Physical activity
- Personal safety
- Effective communication skills
- Resilience
- Body image
- Bullying
- Cyber safety
- Smoking and Alcohol

Your child's teacher will choose the most appropriate topic for the grade.

Life Education's program is developed with learning outcomes that link to the new Australian curriculum for Health and Physical Education.

We also provide teacher manuals and resources to extend learning in the classroom.



Life Education... an opportunity every Queensland child deserves

Life Education is a children's charity.

All donations \$2 and over are tax deductible.

If you would like to support us, please go to www.lifeeducation.org.au/donate

How we are funded

Being a charity, Life Education relies on fundraising to help maintain our vital service. We do this through donations from the general public, community and corporate partnerships, and support from the State Government. This enables us to heavily subsidise the cost of our program to parents, keeping the cost as low as possible.

In disadvantaged and remote communities, Life Education is able to subsidise the cost to parents even further, so that all children have the opportunity to access this important program.

Life Education Queensland

PO Box 247, Pacific Fair, QLD 4218

T: 07 5572 0166 | F: 07 5572 0372

www.lifeeducation.org.au



Empowering your child through education for a healthy, safe life.



Your school has chosen to partner with Life Education, a specialist health education provider.

Soon, the [Life Education Mobile Learning Centre](#) will be visiting your school, engaging your child in an exciting and memorable learning experience, which is aligned with the Australian Health and Physical Education Curriculum.

We'd like to share with you some information about this important learning opportunity for your child.

qld@lifeeducation.org.au
www.lifeeducation.org.au



The Life Education mobile classroom is coming to your child's school!

Life Education is a health promotion charity, and the largest non-government provider of health and drug education to children.

We believe in the old saying 'it takes a village to raise a child'. So we work in a unique partnership with parents and teachers to enhance and reinforce children's learning about nutrition, the benefits of physical activity, personal safety including staying safe online, the health impacts of smoking and alcohol, and strategies to cope with peer and social pressures.

Life Education is about prevention through education – providing your child with important knowledge, skills and confidence to live a healthy, safe life.

Since 1979, Life Education has been delivering a high quality health education program across thousands of Australian schools.

Over the past 35 years, more than 5 million Australians have experienced our program, with 600,000 children taking part every year. A growing number of parents now recall the program from their primary school years!



"Thank you for taking us on the Mystery Bus Tour. We had such a fun time. We liked learning about our bodies."

Class 2SH

Free Parent Information Session

Life Education offers a free information session for parents and guardians held at your school.

This is your opportunity to find out what we will be teaching your child. We will share ideas on how you can support your child's learning around safe, healthy choices and peer pressure.

It is a great forum to increase knowledge, share views with other parents, and develop strategies to help raise happy, healthy kids.



Most schools take us up on the Parent Information Session. Check your school's newsletter for the details.



Check out our Parent Hub

Life Education has created a new hub just for parents where you can find the latest tips and strategies to support you in raising happy, healthy kids.

Here you will find useful information on a range of topics from road safety to how to combat bullying.

There are also fun family activities that you can do with your child.

Go to www.lifeeducation.org.au/parents



What children say about us...



"The Life Education van has taught me a lot in the past seven years. If I am ever in a situation when I need to make a decision about my health - I will think of what you told me."

Sarah, Year 6

"You have helped me have the confidence to say no to people who want to peer pressure me."

Abdigani, Year 6

"My Mum remembers Healthy Harold from when she was a little girl and when she saw your van she was really happy!"

Sarah, Year 4

"I learnt how to deal with peer pressure in the future. I learnt what alcohol and drugs do to you in long/short term use. I learnt what effect drinking has on the community and myself."

Hayley, Year 7