



KINDER GYM

2-4 YEARS

EXPLORING MOVEMENT IN ALL SORTS OF WAYS!

STRENGTH, COORDINATION, MOTOR PLANNING, CONFIDENCE, GAMES AND ACTIVITIES THAT

FORM NOT ONLY GREAT FOUNDATIONS FOR GYMNASTICS BUT ALL FUTURE SKILLS, SPORTS

AND LEARNING.

THE CHILDREN WILL EXPLORE WITH THEMES, MUSIC AND LOTS OF SERIOUS FUN!!

JUMPSTART

5-12 YEARS

JUMPSTART IS A FUN GYMNASTICS PROGRAM PROMOTING FUNDEMENTAL SKILLS, FITNESS, FLEXIBILITY, COORDINATION, STRENGTH, AND FRIENDSHIP.

BOYS AND GIRLS FOLLOW A SIMILAR PROGRAM, HOWEVER, THE CLASSES ARE GENDER SPECIFIC!

INVITAIONAL PROGRAM
WAG & MAG

3279 4977 INFO@SPLITZ.COM.AU

79 JIJAWS ST, SUMNER PARK





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