



Graceville State School Tuckshop

First Break Menu 2023

Order from the First Break Menu using the [Qkr!](#) App before 8am
Served Monday – Friday, 10:45 – 11:20am
If you need to order late, please use the Emergency Menu before 11am



Sandwiches

Freshly prepared on wholemeal bread

Avocado ^v	3.50
Cheese	2.80
Cheese and tomato	3.10
Chicken	3.50
Chicken and cheese	4.00
Chicken, cheese and tomato	4.30
Ham sandwich	3.50
Ham and cheese	4.00
Ham, cheese and tomato	4.30
PeaNOT Butter ^v	2.50
Vegemite sandwich	2.50
Vegemite and cheese	3.00

* Gluten-free sandwich option Add: 0.50
(Gluten-free bread with Nuttalex spread)

Toasted Sandwiches

Freshly prepared on wholemeal bread

Cheese	3.20
Cheese and tomato	3.50
Chicken and cheese	4.40
Chicken, cheese and tomato	4.70
Ham	3.90
Ham and cheese	4.40
Ham, cheese and tomato	4.70

* Gluten-free toastie option Add: 0.50
(Gluten-free bread with Nuttalex spread)

Fresh Salad Sandwiches & Wraps

On wholemeal sandwich bread / wrap

Salad (lettuce, tomato, cucumber, carrot)	3.50 / 4.50
Cheese and salad	4.00 / 5.00
Chicken and salad	4.50 / 5.50
Ham and salad	4.50 / 5.50
Tuna and salad	4.50 / 5.50
Falafel and salad wrap	5.50
+ Avocado	1.00
+ Cheese	0.50
+ Corn	0.50
+ Mayonnaise	0.10
+ Sweet chilli sauce	0.10
+ Hommus	0.10

Crumbed chicken and lettuce wrap 6.00
with sweet chilli sauce and/or mayonnaise

Drinks*

Fruit juice ^v	2.50
Apple / Orange / Apple & blackcurrant / Pineapple	
Krazy Lemon ^v	3.35
Flavoured milk popper	2.50
Chocolate / Strawberry	2.50
Chocolate oat milk popper ^v	2.50
Bottled water (500mL) ^v	2.00

* Gluten free v Vegan
^ Dairy free

Salad

Garden salad* ^v	6.00
Lettuce, tomato, cucumber, carrot	
+ Avocado* ^v	1.00
+ Gluten-free chicken tenders*	3.20
+ Crumbed chicken breast	3.00
+ Falafels* ^v	3.00
+ Cheese*	0.50
+ Steamed chicken breast	1.50
+ Tuna*	1.50
+ Sliced ham*	1.50
+ Sweet chilli sauce* ^v	0.50
+ Hommus* ^v	1.00
+ French dressing* ^v	0.40
+ Italian vinaigrette* ^v	0.40

Hot Food

Beef lasagne	5.00
Vegetable lasagne	6.00
Macaroni and cheese	6.00
Chilli con carne with rice [^] *	6.00
+ Avocado* ^v	1.00
+ Sour cream*	0.50
Sausage roll	4.10
Small beef pie	3.00
Spinach and cheese mini rolls (2 per serve)	1.50
Corn cob (small)*	1.50
Garlic bread	3.00
Cheese mini pizza	3.50
Ham and cheese mini pizza	4.20
Ham, cheese and pineapple mini pizza	4.50
Hot dog	3.50

Specials

Monday

Butter chicken and rice ^*	6.00
Hot chicken wrap^	6.00
with mayonnaise* / sweet chilli sauce* ^v	

Tuesday

Chicken burger	6.00
with lettuce and option of mayonnaise	
GF chicken tenders and vegetable sticks*	5.00

Wednesday

Sushi, Rice Paper Rolls and Bahn Mi provided by
Cilantro Fresh: see Sushi menu below

Thursday

Beef burger	6.00
with lettuce & tomato / cheese / tomato sauce	

Sushi (Wednesday Special)

Pre-order by 11am Tuesday

Sushi hand rolls (with soy sauce)	4.50
Avocado*	
Chicken and avocado	
Chicken and mayonnaise	
Tuna and mayonnaise*	
Tuna and avocado*	
Bahn mi: half / full size	5.50 / 10.00
Roast pork / Chicken / Tofu	
Fried rice*	6.00
Chicken / pork	
Rice noodle salad*	6.00
Pork / Chicken / Tofu ^v / Plain ^v	
+ Sweet chilli sauce	0.35
+ Soy sauce	0.10
Rice paper roll with dipping sauce	4.50
Chicken / Pork / Tofu ^v	

Snacks

Anzac biscuit ^v	0.50
Mini muffin^*	2.70
Blueberry / Banana ^v	
Bretzel ^v	1.60
Banana bread slice	2.50
Gingerbread person	2.50
Cake slice	2.00
Chocolate / vanilla	2.00
Vege cup* ^v	
Carrot sticks	1.00
Celery sticks	1.50
Cherry tomatoes	1.50
+ Hommus dip* ^v	1.00
+ Sweet chilli sauce* ^v	0.60
+ Mayonnaise*	0.60
Fruit cup* ^v	2.00
Apple / Orange / Rockmelon / Mixed fruit	
Whole fruit* ^v	1.20
Apple / Mandarin	
Grainwaves - sour cream and chives	1.50
Popcorn* ^v	0.70
Rice crackers and hommus dip* ^v	1.80
Rice crackers and cheese*	1.50
Cheese and bacon roll	2.50
Vegemite and cheese scroll	4.00

To contact the tuckshop team:

Email: tuckshop.gss@gmail.com

Phone: 07 3716 2777 (main school office and ask for the tuckshop)

Frozen Treats*

Frozen fruit slice ^v	0.50
Watermelon / Pineapple	
Jelly Joy ^v	0.50
Lemon sorbet ^v	2.00
Quelch fruit juice ice block ^v	1.00
Frozen yoghurt cup	3.00
Mango / Raspberry	
Vanilla ice cream cup	1.50

Birthday

Class box of ice blocks:	
Jelly Joys	15.00
Quelch fruit sticks	20.00
Vanilla ice cream cups	30.00
Mango or raspberry frozen yoghurt	45.00
Birthday balloon	6.00
Foil helium balloon supplied by FunXtreme	

Some snacks, sandwiches, drinks and frozen treats are also available to purchase through Qkr! for collection at second break, and over the counter at the tuckshop using cash or card:

- 1st break Mon to Fri, 11:00 – 11:20am
- 2nd break Mon and Wed, 12:55 – 1:45pm (students can purchase during play periods)